



My name is Stephanie Smith and I am the new Community Care Navigator here at Island Commons. I wanted to take a moment to introduce myself. I have worked for Island Commons since 2018 both in our home as well as providing services through our in-home care program Chebeague Cares.

Chebeague Cares is a passion of mine. It brings me great joy to be that extra layer of support that community members need that allows them to continue their independent living and stay deeply rooted in their own homes. That could be taking you to a doctor's appointment, a homecooked (yummy) meal, a weekly visit over a cup of coffee, or simply whatever may be beneficial to you. I hope to be readily available, be it daily, weekly, monthly, or once in a blue moon.

I whole-heartedly understand the value our Chebeague Cares program brings to Islanders and we have made it our mission to maximize that to better assist you and preserve the community of Chebeague Island. I hope we get the chance to meet and I look forward to getting to know you. Please don't hesitate to reach out with any questions you may have. I am here for you.

Sincerely,

Stephanie Smith

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