

Travelling Safely to Chebeague Check list

Preparation

- 🍏 Stay safer at home for the week before your trip.
- 🍏 Know before you go. Get tested within 72 hours of arrival.
- 🍏 If COVID Positive: Wait. Don't come to Maine until healthy.
- 🍏 Have travel kit ready: mask, gloves, purell.
- 🍏 Bring 14 days of supplies with you if you might have to quarantine.
- 🍏 Remember to bring cold and flu remedies just in case
- 🍏 Remember to bring household disinfectants—Lysol, Clorox, etc.

Travel

- 🍏 Straight shot by car is the safest.
- 🍏 Airplane tips: Choose least crowded flight. Get a window seat. Always wear mask. Purell often.
- 🍏 Multiday drive: Minimize stops. Find COVID free lodging. Wear mask/gloves outside of car. Purell often.

Post-travel on Chebeague

- 🍏 Go straight to your home.
- 🍏 If COVID Negative: Wash hands, socially distance, wear masks.
- 🍏 If COVID Unknown: Quarantine. Stay home as much as possible. Keep away from any situation in which you could possibly come in contact with others. Wear masks.

Remember: COVID cases happen. Together we can stop an outbreak.