

2015 Chebeague Island Community Sailing School

This year we have several new additions to the school: Adrian Cole is the new sailing school director - welcome Adrian! - and we have two new JY15s to supplement the fleet!

The 2015 Chebeague Island Community Sailing School will have three sessions: July 6-17, July 20-31, and August 3-14. We also offer a longer program (see below) for students who want more time on the water and at school. Boating and sailing skills are essential for those who spend so much time on such wonderful waters as Casco Bay! The classes:

1. Boating Basics (one week sessions)

Topics covered will include basic boat handling safety, parts of a pram, rowing, knots, wind and weather awareness, and environmental awareness. Time commitment is 11:00 a.m. to noon the first week of each session (ie July 6-10, July 20-24, and August 3-7). Cost is \$90 per student per session; for ages 8 & 9.

2. Beginner and Intermediate Sailors (two week sessions)

Topics covered will include safety, parts of a sailboat, rigging, how sails work, on the water sailing (beginners: with an instructor or skipper in the boat), and using the tiller, as well as ongoing work with knots, wind and weather awareness, and (for intermediates) capsized recovery, man overboard, and mooring.

Time commitment is noon till 2pm. Cost is \$185 per student per session; minimum age 9.

3. Intermediate Sailors & Skippers (two week sessions)

Topics covered will include the topics listed under Beginner and Intermediate but at an advanced level; plus basic racing and man overboard recovery. Advanced skippers will also spend time working with trapeze and/or spinnaker concepts (on land and on the water). Skippers will often captain the boats, being coached by an instructor in the launch or in another sailboat.

Time commitment is 2pm till 4pm. Cost is \$185 per student per session.

4. Racing

Sign up for racing! This is open to anyone in the sailing school. Time commitment is 4:00 pm to 5:30 pm the second week of each session (ie July 13-17, July 27-31, and August 10-14). Cost is \$75 per student per session.

Time commitment is 4pm till 5:30 pm. Cost is \$185 per student per session.

5. Multiple Weeks Course

We also offer a 4 week or 6 week program that overlays the dates of any 2 or 3 of the 3 regular sessions.

We'll cover the two week topics in more depth as well as more advanced skills (such as trapeze and/or spinnaker). Most importantly these students will get more time on the water! Cost is \$340 per student for 4 weeks or \$495 for 6 weeks.

Adults

Private adult lessons with a CICSS instructor may be arranged. Send email after 7/1/2015 (address

below).

Philosophy: We want each student to spend as much time as possible on the water practicing the skills that we discuss on land and learn from the textbook. And, we want to meet each boater “where they are” – as a small program we can devote lots of time to each student.

Text: For all three levels we work with the textbook "Start Sailing Right" from US Sailing. In the first year that a student participates in any of the three levels they should purchase a copy of the book (see registration form). Advanced students will also use material from "The Racer's Handbook."

Time Commitment: Classes will meet regardless of the weather; if it's too rough or rainy to be on the water we'll have plenty to cover.

Boats: We have several JY15's (including 2 new JY15s this year!), small keelboats, an Opti, and 2 420s. The fleet is in great shape! We also have Seitech dollies to make it easier for the students and instructors to launch the boats each class.

Required Equipment: Each student must wear closed-toed water shoes (old tennis shoes work fine) every day; no student can participate without closed-toed shoes. Each student must also bring and wear a life jacket every day. A towel and dry clothes are a good idea every day. A towel and dry clothes are mandatory on the first day for the swim test.

Registration: Print the registration and release forms (links on the Chebeague web page at <http://www.chebeague.org/cicss.html>) and mail both forms along with your check to:

CICSS, % Adrian Cole, 403 South Road, Chebeague Island, Maine 04017

Mail both the check and forms early to insure a place for your sailors!

Please note: Class sizes are limited. Since your forms and check reserve a spot, we cannot provide refunds.

Questions? Contact us at cicss04017@gmail.com.